

Overview

Foundations for Freedom (F4F) is a training program created in 1993 for young leaders in Central and Eastern Europe to encourage commitment to the values that underlie a truly free society at all levels of government.

- Taking a 10 to 20-year perspective, F4F offers a variety of courses and seminars.
- A range of follow-up training opportunities aims to build local teams able to impact national life.

FOUNDATIONS FOR FREEDOM (F4F)

FACT SHEET

BACKGROUND

Foundations for Freedom (F4F) was created in 1993 as a program for training and developing young leaders in Central and Eastern Europe. The program fosters commitment to the values that underlie a truly free society at all levels of government and civic life.

AIM

To support the development of truly free and just societies by:

- inspiring vision, purpose and values in individuals and teams
- equipping emerging democracies with the political and technical skills that are necessary

HOW

By the means of courses, workshops and follow-up activities mainly in Central and Eastern Europe which support the development of individuals and teams to the point where they are able to develop and sustain their own initiatives for transforming their lives and societies. Emphasis is placed on nurturing and supporting teams capable of initiating, directing and sustaining their own projects.

Since 1993, F4F has delivered over 50 training courses for young adults in many countries of the former Soviet bloc. The course is now being offered in the UK and in other parts of the world. It is tailored to meet local needs and to reflect the current social climate.

CURRENT FOCAL COUNTRIES

Ukraine, Romania, Estonia, Latvia, Lithuania, Moldova, Russia.

PROGRAM

The program aims, through the influence of those participating, to impact areas of national life, and in particular to:

- Encourage honesty and transparent practice at all levels of government
- Foster ethical commitment in business
- Support the development of independent and fair media
- Ground education policy in sound moral values

F4F offers a variety of transformational courses and seminars that aim to build teams drawn from one locality.

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FOLLOW-UP

Follow-up is an essential part of the work of F4F, and includes one-to-one correspondence, visits, a quarterly newsletter, and an active regional email listserv. During follow-up special attention is given to encouraging the confidence and spiritual development of individuals, within the framework of each person's belief system.

International events and meetings are designed to provide further training and networking opportunities for growing cooperation within the region, and internationally.

Since September 1995 F4F has invited carefully selected young adults to work with the program in the United Kingdom and gain a year's experience. Participants engage in studies relevant to their own vocation and get a chance to enhance their abilities to give leadership when they return.

Plans are now underway to move much of the responsibility for coordination and control of this program to the teams in Central and Eastern Europe.

FINANCES

F4F has charitable status in the United Kingdom, as part of the program of Initiatives of Change.

Costs are kept to a minimum. Many activities are carried out on a volunteer basis. Programs thus far have attracted some funds from trusts but principally from generous individual contributions. As its program expands, F4F is seeking to broaden its funding to include foundations, governments, international organisations and corporations as well as more individuals.

Contact

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Initiatives of Change

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